

Better Than Chipotle Bowl

Serves: 5 servings

NUTRITIONAL INFORMATION

Serving Size: 1 cup • Calories: 145 • Fat: 1.4 g • Carbs: 26.2 g • Fiber: 7 g • Protein: 6.7 g • WW Points+:
3 pts

INGREDIENTS

- 1 onion, chopped
- 1 garlic clove, chopped
- 1 Tbsp lime zest
- 3 Tbsp lime juice (about one lime)
- ¼ tsp. sea salt
- 4 Roma tomatoes, chopped
- 1 cup orange, red, yellow bell pepper, chopped
- 1 jalapeno, seeded and diced
- 1 cup black beans
- 1 cup frozen corn
- ½ cup cilantro, roughly chopped
- 2 tsp. olive oil

INSTRUCTIONS

1. In a large bowl, combine all ingredients and stir well. Allow flavors to marinate for about 2 hours then serve and enjoy!